

End of Life Care (EOLC) Checklist for GPs

June 2014

Carers are often left out of EOLC discussions, despite their involvement on a day-to-day level. This checklist is for GPs to use on an **ongoing** basis to focus difficult conversations and ensure all aspects of EOLC from a carers' perspective are covered.

Consent and future planning

Done

<p>1. Have the carer and patient discussed consent to share information? <i>(It is important for these discussions to happen as early as possible and for your Practice staff to be aware of the level of consent given. It might be helpful for the carer to have a written copy of consent given by the patient).</i></p>	
<p>2. Does the carer know about the DNACPR form (if applicable) and what to do with it? <i>(Ensure that the carer understands what this means and is able to ask questions if they are unclear).</i></p>	
<p>3. Have the Ambulance and Out of Hours services been notified about the patient's wishes? (if applicable)</p>	
<p>4. Does the carer know about tissue donation and the views of the patient?</p>	

Explaining the situation: does the carer...

Done

<p>5. Understand what is happening and what to expect, including timescales? <i>(Ensure you share as much as you can, given the level of consent the patient has given you. Remember; the carer can share information with you about the patient without the consent of the patient. The carer may want/need more information about the progression of the disease than</i></p>	
<p>6. Understand any Continuing Healthcare arrangements in place? <i>(Ensure that the carer understands what this means and is able to ask any questions if they are unclear).</i></p>	
<p>7. Know about the potential side effects of anticipatory drugs or other changes to medication that may occur?</p>	
<p>8. Know who to contact when the patient dies? Day and <u>night-time</u> contacts should be provided.</p>	

Carer involvement: has the carer...

Done

<p>9. Been involved in the End of Life Care Plan?</p>	
<p>10. Spoken to the patient about where they would like to die? Can the carer cope with this and what support would be necessary.</p>	

Carer involvement cont: has the carer...

Done

12. Been provided with information about:

- a. What to expect if the patient stops eating or drinking?
- b. Mouth care?

13. Thought about their support networks and how they are going to cope?

Supporting the carer: does the carer...

Done

14. Know about support services available to them?

You can refer a carer, or they can self refer to:

- **Carers Support Centre: 0117 965 2200**
- **Care Direct in Bristol: 0117 922 2700**
- **Customer Service Point in South Gloucestershire: 01454 868 007**

15. Have a copy of the 'Carers EOL Checklist'?

This is produced by Carers Support Centre. Copies should be available in your Practice or can be found at www.carerssupportcentre.org.uk/practitioners

16. Need to be referred to Marie Curie night sitter service?

(Would this help to prevent the current situation from breakdown)?

17. Know who to contact in an emergency during the day and out of hours?

(When should they call the GP, 111 and 999. If the cared for wants to remain at home to die when might they be a conflict re calling the ambulance).

18. Need a DS1500 form completed if they claim benefits for example Personal Independence Payments (PIP) or Attendance Allowance (AA)?

Disability Benefits Helpline

Telephone: 08457 123 456

Textphone: 08457 224 433

Monday to Friday 8am to 6pm



Carers Support Centre provides a voice for carers, a confidential telephone helpline, carers emergency card, counselling, one-to-one support and carers' groups, training and short breaks.

Registered as The Carers Centre
(Bristol & South Gloucestershire).
Company number: 3377199 Charity number: 1063226

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Email: info@carerssupportcentre.org.uk
Web: www.carerssupportcentre.org.uk